

## **NORTHCARE NETWORK**

<b>POLICY TITLE:</b> Person-Centered Planning	<b>REVISED/REVIEWED:</b>
<b>POLICY EFFECTIVE DATE:</b> June 26, 2002	March 14, 2003;
<b>BOARD ADOPTED:</b> June 26, 2002	July 14, 2004
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Nov. 2, 2005	January 22, 2007
<b>TEXT REVISIONS:</b> 5-2-07	

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### **PURPOSE**

To assure the process used to develop the individual plan of service for each recipient of services provided by Community Mental Health Services Programs (CMHSPs) is consistent with the requirements of the Michigan Mental Health Code.

### **DEFINITIONS**

“Person-centered planning” (PCP) is a process for guiding the development of the individual plan of service (IPOS). The process builds upon the individual’s capacity to engage in activities to promote participation in community life and respects the individual’s preferences, choices, and abilities. Person-centered planning involves families, friends, and professionals as the individual desires or requires and may be directed by an Independent Facilitator chosen by the consumer. . Any adult recipient of mental health services and supports may then choose to have their plan implemented through the process of Self-Determination (see NorthCare’s policy on Self-Determination).

Individual as used in Person Centered Planning refers to a single adult or if the consumer is under the age of 18 may include a child, youth and family.

### **POLICY**

It is the policy of NorthCare Network that all recipients of mental health services and supports have an individual plan of service developed through a person-centered planning process regardless of age, disability, or residential setting. The individual plan of service may include a treatment plan, support plan, or both.

### **PROCEDURE**

Attached to this policy are the MDCH Person-Centered Planning Revised Policy Practice Guidelines dated October, 2002. NorthCare has adopted these guidelines in their entirety.

NorthCare monitors adherence to this policy during the regional documentation reviews conducted by NorthCare staff. Each CMHSP is also responsible to insure the clinical documentation reflects person centered planning through their internal chart review processes. NorthCare assists the consumers and CMHSPs by providing Independent Facilitators when requested by the consumer.

## **REFERENCES**

- ✓ Medicaid Managed Specialty Supports and Services 1915 (b)/(c) Waiver Program, Contract Attachment P.3.4.11 Person-Centered –Planning Best Practice Guideline
- ✓ Medicaid Managed Specialty Supports and Services 1915 (b)/(c) Waiver Program, Amendment 2, Contract Attachment 3.4.4 Self-Determination Policy and Practice Guideline.
- ✓ Michigan Mental Health Code (Act 258 of the Public Acts of 1974 as amended).
- ✓ NorthCare Self Determination Policy available at [www.northcare-up.org](http://www.northcare-up.org).