

NORTHCARE NETWORK

POLICY TITLE: Behavior Treatment Review REVIEWED/REVISED: Oct. 7, 2005 - replaces Behavior Management Committee

POLICY EFFECTIVE DATE: May 5, 2004

BOARD APPROVED: May 5, 2004

BOARD APPROVED REVISIONS: Nov. 2, 2005; August 5, 2009

I. PURPOSE

To ensure the five Community Mental Health Service Providers (CMHSP) of NorthCare Network adopt and abide by the MDCH Technical Requirement for Behavior Treatment Plan Review Committees, Final: July 28, 2008 and applicable state and federal regulations regarding the treatment of individuals with challenging behaviors.

II. POLICY

It is the policy of NorthCare that the five CMSHPs of NorthCare Network shall use a specially constituted committee to review and approve or disapprove any plans that propose to use restrictive or intrusive techniques with individuals served by the NorthCare mental health provider Network. It is NorthCare's intention that any restrictive, intrusive or aversive program be used *only* as a last resort to protect the health and safety of consumers and others. NorthCare is committed to providing the necessary support and assistance to enhance the use of positive supports in the care of all individuals receiving services in our network.

III. DEFINITIONS

Serious physical harm: physical damage suffered by a recipient that a physician or registered nurse determines caused or could have caused the death of a recipient, caused the impairment of his or her bodily functions, or caused the permanent disfigurement of a recipient [MDCH Administrative Rule 330.7001(r)].

IV. PROCEDURES

A. NorthCare Responsibilities: Attached to this policy is the MDCH Contract Attachment P.1.4.1. Technical Requirement for Behavior Treatment Plan Review Committees, Final: July 28, 2008 (Attachment 1). NorthCare has adopted this guideline in its entirety. NorthCare monitors adherence to this policy through the following activities:

1. Establishing a regional workgroup to facilitate the implementation of the new BTC standards issued by MDCH. NorthCare will work with MDCH, the CMHSPs, families and contract providers to obtain the necessary training to assure a culture of gentleness to consumers requiring a behavior plan.
2. Developing and reviewing reports on emergency physical interventions submitted by the CMHSPs at a minimum of quarterly. The regional Practices Improvement Leadership team will review the reports and identify concerns that need to be addressed by NorthCare QI staff.
3. Regional documentation reviews conducted by NorthCare staff.

B. CMSHP Responsibilities: The BTC Committee function is delegated to the five CMHSPs. The five CMHSPs in the NorthCare Network are responsible to develop:

1. Policies and procedures for intervening with an individual receiving public mental health services who exhibits seriously aggressive, self-injurious or other behaviors that place the individual or others at risk of physical harm. These policies and procedures shall include protocols for using the least intrusive and restrictive interventions. The CMHSP assures the person-centered planning process is used to determine whether a comprehensive assessment should be done to rule out physical, medical, and/or environmental (e.g., trauma, interpersonal relationships) conditions that might be the cause of the behaviors.
2. Each CMHSP will establish a Behavior Treatment Committee (BTC), to review and approve or disapprove any plans that propose restrictive or intrusive interventions. The BTC will be developed according to the guidelines in the MDCH technical guideline. This includes all required documentation and proper implementation of any approved plan.
3. Each Board is responsible to appoint a representative to participate in the regional workgroup to assist in the development of regional documentation and regional training plans.

REFERENCES

1997 Federal Balanced Budget Act at 42 CFR 438.100

MCL 330.1712, Michigan Mental Health Code

MCL 330.1740, Michigan Mental Health Code

MCL 330.1742, Michigan Mental Health Code

Michigan Department of Community Health Administrative Rule 330.7199(2)(g)

Michigan Medicaid Managed Care Specialty Services & Supports Contract

Michigan Department of Community Health Medicaid Provider Manual

Version Date: April 1, 2009