

## NORTHCARE NETWORK

<b>POLICY TITLE:</b> Clinical Practices Guideline Policy	<b>POLICY EFFECTIVE DATE:</b> February 2, 2011
<b>REVIEW/REVISED DATE:</b> January 11, 2012	<b>BOARD ADOPTED DATE:</b> February 2, 2011

### **POLICY**

NorthCare shall adopt and disseminate practice guidelines for the provision of acute and chronic care services that are relevant to the targeted populations served by the network. The Practice Guidelines include the contract attachments to the Master Contract with MDCH focused on Best Practice Guidelines written by MDCH as well as the contract attachments that require specific evidence based practices developed by SAMHSA. Other clinical guidelines may be developed by NorthCare based on the requirements outlined in the Balanced Budget Act that *“Are based on valid and reliable clinical evidence or a consensus of health care professionals in the particular field; consider the needs of the enrollees; are adopted in consultation with contracting health care professionals; and are reviewed and updated periodically as appropriate.”*

### **PURPOSE**

Clinical Practice Guidelines are designed to assist clinicians by providing an analytic framework for the evaluation and treatment of consumers. They organize/codify the body of knowledge, skills and information that make up the clinical practice of Specialty Mental Health Services and Supports in a number of specific areas. Practice Guidelines offer information to individuals receiving services and their families to enhance their participation in health care decisions. They serve as the foundation to build utilization management, clinical outcomes measurement and continuous quality improvement activities and assist in sharing structured information in an integrated medical health record.

### **PROCEDURES**

A. NorthCare adopts and provides technical support for the CMHSP implementation of all the Practice Guidelines and Technical Requirements with a clinical focus stated in the MDCH Medicaid Specialty supports and Services contract:

- P.1.4.1 Technical Requirement For Behavior Treatment Plans
- P.3.4.1.1 Person Centered Planning Practice Guideline
- P.3.4.4 Self Determination Practice Guideline
- P.4.7.4 Technical Requirement For SED Children
- P. 6.7.4.1 Integrated Dual Disorders Treatment (IDDT) Services
- P.6.7.4.2 Family PsychoEducation (FPE ) Services
- P.6.8.2.1 Inclusion Practice Guideline
- P.6.8.2.2 Housing Practice Guideline
- P.6.8.2.3 Consumerism Practice Guideline
- P.6.8.2.4. Personal Care in Non-Specialized Residential Settings Technical Requirement
- P.6.8.4.1.Jail Diversion Practice Guideline

- P.6.8.5.1. Education to Community Transition Planning
- B. NorthCare develops Clinical Practice Guidelines in other areas of clinical practice when there is regional direction needed to improve or expand clinical services. This may be done in combined effort with SAMHSA, MDCH or it may be a regional initiative. The guidelines are drafted by workgroups composed of content experts across the region and reviewed by the Practices Improvement Leadership Team (PILT). The PILT will make a recommendation to the CEO and COO of NorthCare Network. Adoption is dependent upon their approval. Existing Clinical Practice Guidelines include:
- Practice Guidelines for Supports and Services For Individuals with Developmental Disabilities
  - Evidence Based Supported Employment (EBSE)
  - Parent Management Training, Oregon Model (PMTO)
  - Trauma Focused Cognitive Behavioral Treatment(TF-CBT) for Children and Families
  - NorthCare Peer Support Specialist Guideline
- C. Implementation of Practice Guidelines
- MDCH Practice Guidelines and MDCH Technical Requirements are implemented via NorthCare Policy and the delegation agreement with the CMHSPs.
  - EBPs may be implemented through a grant funded opportunity for training and technical assistance. A regional project team is created with clinical experts regarding the population for which the EBP is being recommended.
  - The region may determine there is not a Practice Guideline developed that meets the specific needs of our region and develop a guideline for a specific population or for a specific treatment. This requires a rigorous collaboration where literature is reviewed; drafted guidelines are reviewed by all levels of clinical staff; and implementation occurs through regional structures outlined in the protocols developed as part of each Practice Guideline.
- D. The regional Practices Improvement Leadership Team (PILT) monitors, evaluates, and suggests improvements in the implementation and sustainability of the Clinical Practice Guidelines through:
- Review of reports submitted to the Team by the CMHSPs outlining EBP implementation and plans for increasing capacity
  - review of fidelity reports for EBP implementation
  - suggestions for improving penetration rates in specific practices
  - Supporting workgroups to address regional issues as they arise.
- NorthCare staff monitor providers through the site review process.

## **REFERENCES**

Federal Balanced Budget Act 42CFR 438.236(b, c &d)

Michigan Medicaid Managed Specialty Services and Supports Contract FY11

**BOARD ADOPTED/REVIEWED DATE** (Needed for new policy and revisions to policy statement)

2/2/11

**COO APPROVAL** (Needed for all reviews and revisions)  
1/13/11, 1/11/12

**History**

Review Dates: 1/11/12

Revision Dates: 1/11/12