

# ~~~~Coming This Fall~~~~

## Moving Forward in Recovery/Healing Conference

NorthCare Network and the Michigan Department of Community Health have teamed up to offer the Moving Forward in Recovery/Healing Conference this fall. The conference will be held at Bay Cliff Health Camp in Big Bay, on September 18, 2008. There will be a pre-conference on September 17<sup>th</sup> for individuals wanting to share their personal journey in recovery.

Who should come: Individuals with a mental illness interested in learning about recovery, Peer Support Specialists, community mental health professionals, and others interested in recovery from a mental illness.

Place: Bay Cliff Health Camp is located on 180 peaceful acres overlooking Lake Superior. It is located in Big Bay 26 miles North of Marquette. Carpooling is suggested. Attendees will have to walk between the dining hall and meeting rooms.

Times & Fees: **Pre-conference on Sept 17 from 4PM - 9 PM Eastern Time.** A total of 100 registrants will be accepted. The fee is \$5 and includes supper served family style at 5PM and retreat style overnight accommodations.

**Conference on September 18 from 9:30AM - 5:00 PM Eastern Time.** A total of 180 registrants will be accepted. The fee is \$5 and includes a morning snack, lunch (served family style), and an afternoon snack. A packet of all workshop materials will be given to every participant.

A fee of \$10 will be charged for attending both days.

### The Programs:

**PRECONFERENCE** is intended for individuals who want to share their personal journey in recovery. The evening will include workshops in self help programs and opportunities to make new friends and reconnect with old friends.

**CONFERENCE: MOVING FORWARD IN RECOVERY** will be an all day event. We have been asked to strike a balance between guest speakers, workshops, good food and friendship. You will have the opportunity to choose 2 workshops to attend and there will be 2 key note speakers including a regional favorite—Dr Joe Cools. A Resource Fair will be open throughout the day with community partners from regional colleges, libraries, Drop Ins and consumer vendors.

Complete conference information will be mailed at the end of July to current consumers receiving services for a serious mental illness. If you are interested and don't receive a brochure in August, please contact NorthCare at 1-888-333-8030 and ask for Sally, Danielle or Lucy.

Overnight Accommodations: Overnight retreat style accommodations are available for 100 participants for the pre-conference. There will be 2 to 4 people per room. Bathrooms are shared and are on the same floor as the rooms. Bedding and towels will be provided. Individuals are responsible for bringing their own toiletries including shampoo, soap, etc.

Special Needs: Written requests for accommodations will be required on the registration form. NorthCare and Bay Cliff will do all they can to make onsite accommodations.

**Complete Conference Information/Registration Forms will be mailed in late July.**

**Sorry—no early registrations will be accepted.**