

# Trauma Websites

- [www.cdc.gov/nccdphp/ace](http://www.cdc.gov/nccdphp/ace) **ACE Study.** The Centers for Disease Control and Prevention reports on the Adverse Childhood Experiences (ACE) Study - one of the largest investigations ever conducted on the links between childhood maltreatment and later-life health and well-being. As a collaboration between the Centers for Disease Control and Prevention and Kaiser Permanente's Health Appraisal Clinic in San Diego, Health Maintenance Organization (HMO) members undergoing a comprehensive physical examination provided detailed information about their childhood experience of abuse, neglect, and family dysfunction. Over 17,000 members chose to participate. To date, over 30 scientific articles have been published and over 100 conference and workshop presentations have been made.
- [www.cestudy.org](http://www.cestudy.org) **The Adverse Childhood Experiences Study.** Primary focus is to share the findings of the Adverse Childhood Experiences Study, in a format readily accessible to both professionals, and the lay community. A free, electronic, quarterly publication, ACE Reporter, about the findings of the Study is available on line.
- [www.theannainstitute.org](http://www.theannainstitute.org) **The Anna Institute** celebrates and honors the life of Anna Caroline Jennings, by using her artwork and life experience to educate others on the hidden epidemic of childhood sexual abuse, its horrific impacts on individuals and society, and paths to prevention or healing. Can download articles and powerpoint presentations of Anna's life as a child and as a mental health patient, Visitors can view an on-line gallery of Anna Caroline Jennings' powerful artwork, most of which was created within the walls of state mental institutions.
- <http://www.phac-aspc.gc.ca/ncfv-cnivf/index-eng.php> **Canadian National Clearing House On Family Violence.** On behalf of the Government of Canada and its Family Violence Initiative (FVI), the Public Health Agency of Canada operates the National Clearinghouse on Family Violence (NCFV). The NCFV is Canada's resource centre for information on violence within relationships of kinship, intimacy, dependency or trust. NCFV collects, develops, and disseminates information on family violence across the country and abroad. NCFV resources and services are available free of charge in both English and French.
- [www.ChildTraumaAcademy.com](http://www.ChildTraumaAcademy.com) **The Child Trauma Academy** is a collaborative of individuals and organizations working to improve the lives of high-risk children through direct service, research and education. Free online courses.
- [www.childtrauma.com](http://www.childtrauma.com) **The Child Trauma Institute** site includes parent information, trauma measures, publications, training programs & links. The Institute provides training, consultation, information, and resources for those who work with trauma-exposed children, adolescents, and adults.
- [www.darkness2light.org](http://www.darkness2light.org) **Darkness to Light** raises awareness of the prevalence and consequences of child sexual abuse by educating adults about the steps they can take to prevent, recognize and react responsibly to the reality of child sexual abuse

- [www.dartcenter.org](http://www.dartcenter.org) **Dart Center for Journalism and Trauma.** The Dart Center is a global dedicated to improving media coverage of trauma, conflict and tragedy. The Center also addresses the consequences of such coverage for those working in journalism.
- <http://www.dvmhpi.org/> **The Domestic Violence and Mental Health Policy Initiative (DVMHPI)** is an innovative Chicago-based project designed to address the unmet mental health needs of domestic violence survivors and their children
- [www.giftfromwithin.org](http://www.giftfromwithin.org) A site for survivors of trauma and victimization, **Gift From Within** gives trauma survivors, their loved ones and supporters a credible online website that is friendly and supportive. Explains the condition of without being too technical or too superficial. Gift From Within believes that persons with PTSD and related traumatic stress syndromes deserve the same respect and support that individuals and families suffering the impact of cancer, heart disease and stroke receive.
- [www.healingselfinjury.org](http://www.healingselfinjury.org) **Healing Self Injury** provides information about self-inflicted violence and a newsletter for people living with SIV– **The Cutting Edge**. Published by Ruta Mazelis and now in collaboration with the Sidran Institute, The Cutting Edge is in its 15th year of publication. It serves as a resource for those seeking information on this often-misunderstood issue and includes editorial commentaries, written and artistic contributions from the readership, and reviews of various resources for those who live with SIV. Provides PDF version of the newsletter.
- [www.istss.org](http://www.istss.org) **The International Society for Traumatic Stress Studies.** ISTSS is an international multidisciplinary, professional membership organization that promotes advancement and exchange of knowledge about severe stress and trauma. This knowledge includes understanding the scope and consequences of traumatic exposure, preventing traumatic events and ameliorating their consequences, and advocating for the field of traumatic stress.
- [www.jimhopper.com](http://www.jimhopper.com) **Jim Hopper's site on Child Abuse Statistics, Research, and Resources** This site has several pages about child abuse – how prevalent it is, its potential effects, where to learn more and, if you're looking, how to find help for yourself or someone you care about. The site provides scholarly knowledge and resources, in language and formats accessible to any interested and motivated person – young or old, highly educated or not.
- [www.protect.org](http://www.protect.org) **National Association to Protect Children.** PROTECT is a national *pro-child, anti-crime* membership association. We are founded on the belief that our first and most sacred obligation as parents, citizens, and members of the human species is the protection of children from harm. We are committed to building a powerful, nonpartisan force for the protection of children from abuse, exploitation and neglect. We believe that this must be done through a determined single-issue focus, a meaningful mainstream agenda and the use of proven modern political strategies.
- [www.ncptsd.va.gov/](http://www.ncptsd.va.gov/) **National Center for Posttraumatic Stress Disorder** Research and education on PTSD; includes the PILOTS Database, an electronic index to PTSD literature

- <http://mentalhealth.samhsa.gov/nctic/> The **SAMHSA/CMHS National Center for Trauma Informed Care** provides trauma training and technical assistance to assist in the transformation of publicly-funded agencies, programs, and services to an environment that is more supportive, comprehensively integrated, and empowering for trauma survivors. Site provides information and available trainings. CMHS's National Center for Trauma-Informed Care links to publications and studies on trauma.  
<http://mentalhealth.samhsa.gov/nctic/publications.asp#mentalhealth>
- [www.nctsn.net](http://www.nctsn.net) **National Child Traumatic Stress Network**. To raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. Combining knowledge of child development, expertise in the full range of child traumatic experiences, and attention to cultural perspectives, the NCTSN serves as a national resource for developing and disseminating evidence-based interventions, trauma-informed services, and public and professional education.
- [www.nsvrc.org](http://www.nsvrc.org) **National Sexual Violence Resource Center** serves as the nation's principle information and resource center regarding all aspects of sexual violence. It provides national leadership, consultation and technical assistance by generating and facilitating the development and flow of information on sexual violence intervention and prevention strategies. The NSVRC works to address the causes and impact of sexual violence through collaboration, prevention efforts and the distribution of resources.
- [http://www.crimelibrary.com/criminal\\_mind/psychology/pedophiles/7.html](http://www.crimelibrary.com/criminal_mind/psychology/pedophiles/7.html) **Pedophile Characteristics**, a chapter from the book *Pedophiles and Child Molesters: The Slaughter of Innocence*.
- <http://www.ncptsd.va.gov/ncmain/publications/pilots/> **The Pilots Database** is an electronic index to the worldwide literature on post-traumatic stress disorder (PTSD) and other mental-health consequences of exposure to traumatic events. It is produced by the National Center for PTSD and is available to the public on computer systems maintained by Dartmouth College. There is no charge for using the database, and no account or password is required
- [www.nospank.net](http://www.nospank.net) **Project No Spank** is a resource for parents, students, educators, education policymakers, healthcare providers, children's advocates, and all others who are concerned with the safety and wellbeing of children
- [www.rainn.org](http://www.rainn.org) **The Rape, Abuse & Incest National Network** is the nation's largest anti-sexual assault organization. RAINN operates the National Sexual Assault Hotline and carries out programs to prevent sexual assault, help victims and ensure that rapists are brought to justice.
- <http://wonderland-safe.org/safe.htm> **SAFE** is the only drop-in center in Oregon designed, owned, and operated entirely by mental health system clients, ex-patients, and survivors of trauma. A beautiful publication of survivor art work "Healing In Safety: A Guide for Mental Health and Medical Professionals on how best to help Trauma Survivors, written by Trauma Survivors", is available.

- <http://www.siari.co.uk> **Self-Injury and Related Issues (SIARI)**. A free international internet service of information, resources and support.
- [www.sidran.org](http://www.sidran.org) **Sidran Institute** helps people understand, recover from and treat traumatic stress (including PTSD), dissociative disorders, and co-occurring issues, such as addictions, self injury, and suicidality. Sidran develops and delivers educational programming, resources for treatment, support, and self help, trauma-informed community and professional collaboration projects, and publications about trauma and recovery
- [www.stopitnow.org](http://www.stopitnow.org) **Stop It Now!** offers adults tools they can use to prevent sexual abuse - before there's a victim to heal or an offender to punish. It provides support, information and resources that enable individuals and families to keep children safe and to create healthier communities. A network of community based Stop It Now programs reaches out to adults who are concerned about their own or others' sexualized behavior toward children.
- [www.traumacenter.org](http://www.traumacenter.org) **The Trauma Center** at Justice Resource Institute. Helps individuals, families and communities that have been impacted by trauma and adversity to re-establish a sense of safety and predictability in the world, and to provide them with state-of-the-art therapeutic care as they reclaim, rebuild and renew their lives. Downloadable articles by numerous authors including Bessel van der Kolk, MD, Medical Director and Founder of the Trauma Center and internationally recognized leader in the field of psychological trauma, are available on this site.
- [www.trauma-pages.com](http://www.trauma-pages.com) David Baldwin's **Trauma Information Pages** focus primarily on emotional trauma and traumatic stress, including PTSD (Post-traumatic Stress Disorder) and dissociation, whether following individual traumatic experience(s) or a large-scale disaster. The purpose of this award winning site is to provide information for clinicians and researchers in the traumatic-stress field.
- [www.witnessjustice.org](http://www.witnessjustice.org) **Witness Justice** addresses gaps in victim services by offering direct services for survivors of violence and their allies who are experiencing difficulties. Witness Justice offers assistance and support to get answers, explanations, information, and resources for the many survivors who feel "stuck" or "lost" following violence and trauma.
- [www.vachss.com](http://www.vachss.com) **The Zero 5.Olaf – Official Website of Andrew Vachss** Here you will find a searchable database of agencies, and organizations which purport to serve the issues that concern us; child abuse, sexual abuse, domestic violence, animal welfare, mental health, health care, juvenile justice, human trafficking and many more, as well as other research and assistance materials.