

CHAPTER 2

Section 2.7.1. Family PsychoEducation Overview

Family PsychoEducation is a multi family group that utilizes a problem solving model of treatment. This treatment model has extensive research to support its effectiveness not only in relation to the consumer but also the overall health and functioning of the consumer's family members who are involved in the treatment. This treatment has been offered in the Upper Peninsula since 2005. The documents listed in this section are only a fraction of the documents available but they serve as a base for a clinician just beginning the practice or as a source of information for consumers and families who want to learn more about the treatment. The PowerPoint, FPE Orientation for Clinicians, is actually useful for any individual seeking a basic orientation to the model. The specific documents that follow are presented to move from the macro level to the individual.