

CHAPTER 2

Section 2.6.1. Integrated Dual Disorder Treatment Overview

Integrated Dual Disorder Treatment is an evidence based practice that is contractually required for each CMH in the state of Michigan. This intensive evidence based practice is one practice on the continuum of care for individuals with co-occurring disorders. According to the Ohio Substance Abuse and Mental Health Coordinating Center of Excellence (CCOE), a successful IDDT program offers comprehensive services because the recovery process occurs in the context of daily living. Services are available to meet the needs of consumers in all stages of treatment. Below is a list of expected services:

- ✚ Case management
- ✚ Family services
- ✚ Integrated substance abuse
- ✚ Assertive community treatment (ACT)
- ✚ Medical services or intensive case management
- ✚ Housing/residential services management
- ✚ Supported employment

Michigan has implemented IDDT teams across the state through a quality improvement process where teams are approved after completing a site review and fidelity study conducted by a state review team. The national General Organization Index for Evidence Based Practices is used as well as the specific fidelity scale for IDDT developed to capture the critical aspects of providing treatment to individuals with serious co- morbid psychiatric and substance abuse conditions.

The specific documents that follow are presented to move from the macro level to the individual:

- ✚ An overview of the evidence based practice presented by the Ohio CCOE
- ✚ Michigan Department of Community Health Contract Requirement
- ✚ The Fidelity Scale and Tips for moving toward fidelity in clinical implementation of IDDT
- ✚ The General Organizational Index (GOI) for measuring fidelity of the system
- ✚ Stages of Change Model for Substance Use and Mental Illness