








## CHAPTER 2

### Section 2.4.1 Self Determination Overview





According to the guideline endorsed by MDCH released by the Standards Group in 2007:

*Each PIHP/CMHSP must assure that every individual receiving public mental health services has the support to lead a self-determined life as defined by each individual through the person-centered planning process. The hallmarks of an individual leading a self-determined life are:*

-  *Freedom to lead a meaningful life in the community;*
-  *Authority to direct services and supports and a targeted amount of dollars;*
-  *Support to organize resources in ways that are life-enhancing and meaningful to the individual;*
-  *Responsibility to use public dollars appropriately;*
-  *Contribution to his/her community;*
-  *Leadership that assures direction in the system design; and*
-  *Confirmation that assures consumers' input in the system design.*

NorthCare recognizes that the extent to which individuals may choose to have control over his or her resources varies significantly. Through person centered thinking, the CMH staff and individual, their family and supporters evolve a plan that meets the specific needs and desires of the individual receiving services. The Resource Scale (attachment 2.4.C.) outlines the range of self determination that is available to the individual. A brochure designed for individuals, families and supporters is provided to give a simple but effective overview of the process of self determination.

The documents are presented to move from the macro level to the individual:

-  Michigan Department of Community Health requirements and updated Standards Group document and information on fiduciary responsibilities
-  NorthCare PIHP
-  CMH
-  Education of the community and the individuals receiving services.