

CHAPTER 2

Section 2.2.1 Behavior Treatment Overview

As stated in the preamble of the attached MDCH Technical Requirement:

- ✚ It is the expectation of the Michigan Department of Community Health (MDCH) that all public mental health agencies shall have policies and procedures for intervening with an individual receiving public mental health services who exhibits seriously aggressive, self-injurious or other behaviors that place the individual or others at risk of harm.
- ✚ Further, MDCH will not tolerate violence perpetrated on the individuals served by the public mental health system in the name of intervening when individuals exhibit certain potentially harmful behaviors.

The documents listed in this section present the policies and procedures designed to create a system of care for individuals with challenging behaviors regardless of their specific diagnosis that will engender a sense of personal safety and trust and allow individuals to participate to their desired extent in the community. Specifically such an environment is created by properly assessing the intent of any challenging behavior to determine the pattern and purpose, or “function” of particular behaviors. The focus is to identify biological, medical, social, affective, environmental, and trauma-based factors or events that initiate, sustain, or end a behavior. Then it is possible to develop an effective and efficient behavior plan.

The specific documents that follow are presented to move from the macro level to the individual:

- ✚ Michigan Department of Community Health
- ✚ NorthCare PIHP
- ✚ CMH and Substance Abuse Providers
- ✚ Education of the community and the individuals receiving services.